

# The ActiveCurling set

1 ActiveCurling roll-up mat green coloured mat - 2 m x 14 m of 2 m x 10 m

2 x 4 stones – yellow and blue



For more information
www.debomat-belgium.be

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# It doesn't always have to be bowls

# **Debomat presents:**

Active Curling



It's already all the rage in Scandinavia and Japan: curling on a slippery-smooth mat instead of ice. Why curling? It is a **fun and social pastime** that everyone can enjoy. Young or old, elderly or disabled, curling is a sport everyone can play. In fact, Debotmat-Curling was developed especially for the Swedish association of disabled persons.

**Debomat,** a leader in mats, now brings ice-free curling to the rest of the world with the ActiveCurling roll-up mat.

# What is ActiveCurling?

ActiveCurling is based on the original sport of curling, which is played on ice. Two teams shove heavy, polished 'stones' over the mat and try to get as close as possible to the white line at the far end. A points system assigns points according to the position of the stones. The team to accrue the most points after a round is the winner.

## What do you need to play?

**Very little!** The ActiveCurling roll-up mat and a two-colour set of curling stones.

## Why ActiveCurling?

- Easy to use: roll out the mat, take out the stones and begin!
- Play anywhere: inside, outside (in dry weather), in the hall... you don't need a special sports hall, any flat surface will do.
- Easy to transport and store.
- Everyone can play, even wheelchair users.



### Ideal for?

- → senior citizens associations and clubs
- $\rightarrow$  hotel and leisure industry  $\rightarrow$  youth groups and cultural
- → youth groups and cultural centres
- ightarrow retirement homes and clinics

### It doesn't always have to be bowls

Just like bowls, ActiveCurling is a quiet, easygoing game that stimulates social contact, requires a certain amount of physical exercise and promotes an active mind. The game requires concentration, a certain degree of technique and tactical insight. It is therefore ideal for senior citizens who want to try something different to bowls or billiards.